

Here's your chance
to find out...

WHAT'S INSIDE YOU?



It's the question you most want answered...and now, you can find out!

Silent Spring Institute has launched the world's first crowdsourced study to measure personal exposure to household toxics that may lead to breast cancer and other health problems.

This means you can find out how much BPA, parabens, and other chemicals you've got in your body. And, take action to reduce your levels!

Join this first-ever study today!

More details inside...



Detox Me™
ACTION KIT



THE HUFFINGTON POST

As featured in...

~ John K. Erban, M.D. Clinical Director of Tufts Cancer Center; Professor of Medicine at Tufts University School of Medicine

"Just as the human genome project transformed our fundamental understanding of cancer, biomonitoring and big data have the potential to radically change our understanding of potentially modifiable risk factors for breast cancer and other diseases."

~ Florence Williams, author of *Breasts: A Natural and Unnatural History*

"The biomonitoring I did with Silent Spring Institute was revelatory. Not only did it show how easily certain consumer product chemicals cross into our bodies, but I learned how to reduce the levels. It changed the way I think about my household, and the way I think about my body... The knowledge is empowering."

Benefits of Getting Tested

- ✓ Learn your level of exposure to toxic chemicals
- ✓ Receive a personalized report with your results
- ✓ Understand the health risks of each chemical
- ✓ Identify likely sources of your exposure
- ✓ Reduce your exposure and consider tracking your progress by getting retested!

Who should get tested and why?

The Detox Me™ Action Kit is for anyone curious about the toxic chemicals lurking in their body or their home.

Your test results will help you protect yourself and your family from potentially harmful exposures and future health problems.

Getting tested has many benefits. You'll learn how much of each toxic is in your body. You'll also better understand your likely sources of exposure. We'll even give you steps to reduce your chemical levels.

Sign up now!

How does the Detox Me™ Action Kit Work?

Our simple urine test is easy and completely non-invasive. Here's how it works...

1. Get your Detox Me™ Action Kit in the mail.
2. Take the online survey.
3. Collect two urine samples and freeze.
4. Package the frozen jars and the cold pack, and ship.
5. Eight to 12 weeks later, you'll receive your personalized report that compares your results with other participants.

It's that easy!

Detox Me™ ACTION KIT

In the first-ever study of its kind, the Detox Me™ Action Kit detects the presence of 10 common household toxics in your body. By taking part in this study, you will learn your level of exposure to certain chemicals with known health risks.

You can help make this the largest biomonitoring project of chemical exposures in history...

Get your test kit today!

What chemicals will I be tested for?

Detox Me™ Action Kit tests for 10 common household and environmental chemicals. All of them can have harmful effects on your body.

Some mimic and interfere with your naturally occurring hormones, which may affect child development, fertility, and increase your risk of cancer.

You will be tested for...

- Bisphenol A (BPA)
- Bisphenol S (BPS)
- Benzophenone-3 (BP-3)
- Triclocarban (TCC)
- 2,4-dichlorophenol (24-DCP)
- Triclosan (TCS)
- 2,5-dichlorophenol (25-DCP)
- Butyl paraben (B-PB)
- Ethyl paraben (E-PB)
- Methyl paraben (M-PB)

How will this help prevent breast cancer?

Getting tested will help us...

- Identify the most common sources of exposure to toxic chemicals
- Educate the public on risks of exposure
- Learn new ways to reduce exposure
- Increase testing and regulation of chemicals
- Advocate for better protections, hold manufacturers accountable, and demand safer products

You can protect your health and build a healthier environment for us all at the same time!

The Detox Me™ Action Kit is a project of Silent Spring Institute, a leading scientific research organization focused on cancer prevention. Founded in 1994, Silent Spring is dedicated to uncovering the links between environmental chemicals and women's health issues, especially breast cancer.



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